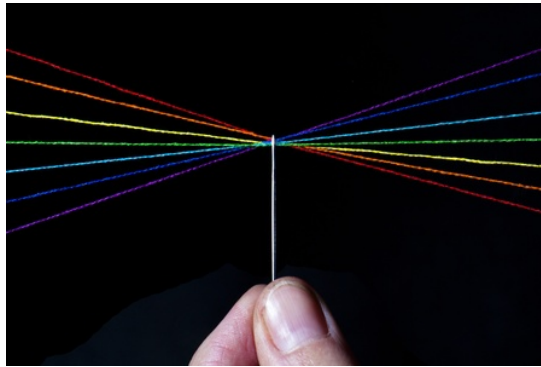


Magick on the GO!

Robin Fennelly, HPs, ASW



Repurpose It... These are just a few suggestions. Be Creative and remember to think outside of the box...

Altars Spaces:

Shoe boxes or other small boxes
Mint tins
Index Card
Sm. Tech/Eyeglass Cleaning Cloth

Purification:

Salt Packet
Saliva
Chakra Energy
Un-burnt Incense Stick
Body Oil

Ritual Tools:

Athame

Sewing Needle
Paper Clip
Pierce Earring Post

Wand/Staff

Twig
Pencil

Fire

Incense Stick
Tealight

Water

Water Bottle
Saliva
Sweat

Earth

Thread
Any natural product

Air

Breath
Moving hands
Walking

Colors:

Post-it flags
Lunch time food

Offerings:

Sugar packets
Honey packets

Invoking Deity:

Symbolic image

Multi-purpose:

Small clear quartz crystal
That baby blanket you are crocheting/knitting
for a friend

Other:

Eye Drops – clarity of inner sight
Ear buds (headphones) – clarity of inner hearing
Watch/Clock – time magick
Key Ring/Anything open circular - portal

Specific Workings:

Healing – Charged Water
Immunity – Thymus Tapping
Shielding/Protection – “Mosquito” Netting
Tethering – The Bouy

Samples:

Clearing Space Inspired by Ellen Canon Reed

Any liquid (cup of coffee/tea/water)
Packet of salt
Breath from the solar plexus

Walking through space, talking/breathing and gesticulating causing drops of the charged water to spill.

Instant Ritual

Need:

Sewing Needle
Tech Cleaning Cloth (Small)
Salt pkt.

Purification: Water/Earth/Fire/Air

Saliva and a bit of the salt on your tongue,
Chemical reaction = fire and then exhale passing breath over

Creating Sacred Space/Athame:

Threading the needle:

Run the thread through fingertips, infusing it with your energetic signature

Pass the thread over your tongue – purifying it

Pass thread through the eye of the needle- crossing the threshold into Sacred Space

Lay the needle at the cardinal points of the cleaning cloth each in turn and silently calling qrt energies to be present. Allow the length of thread to move over the cloth(scribing)in a circular fashion.

Ready, set, go to do the working you desire!

My Body is the Temple of Working

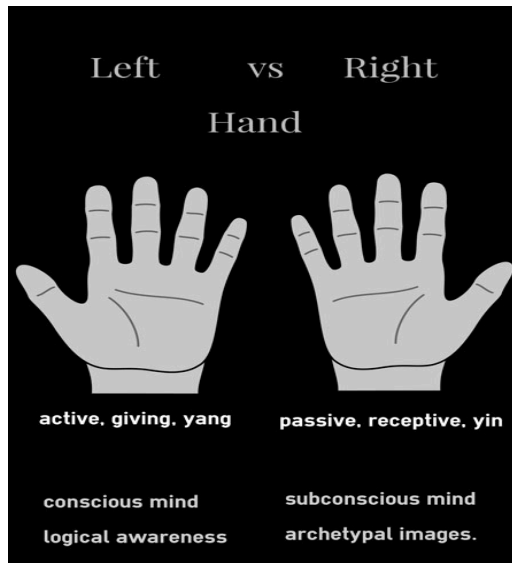
As Above, Cosmic Magick.....

Whole Body

Use of the Medical Astrological correlates
Use of Anatomical Planetary Correlates

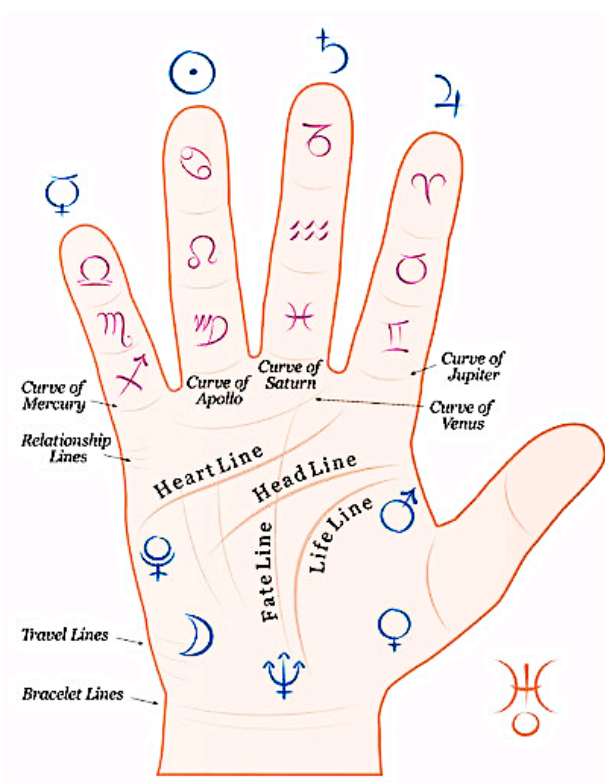
Magickal Hands

The Basic Attribution of Polarized



Left and Right

So Below, Drawn into the Manifest.....



PART OF THE HAND	PLANETARY GOD	BASIC IDEA	SIGN OF THE ZODIAC	LIFE MOTTO
index finger	Jupiter ♃	ambition, expansion	Aries ♈	I am
			Taurus ♉	I have
			Gemini ♊	I think
ring finger	Sun (Apollo) ☉	expression, vitality	Cancer ♋	I feel
			Leo ♌	I will
			Virgo ♍	I analyze
little finger	Mercury ☿	communication, mental faculties	Libra ♎	I balance
			Scorpio ♏	I desire
			Sagittarius ♐	I aim
middle finger	Saturn ♄	structure, responsibility	Capricorn ♐	I use
			Aquarius ♒	I know
			Pisces ♓	I believe
palm	Mars ♂	aggression	Palmistry with Astrological Analogies	
	Venus ♀	love, beauty		
	Neptune ♆	spirituality		
	Moon (Luna) ☾	receptivity		
	Pluto ♇	regeneration		
whole hand	Uranus ♅	originality		

As Within, So Without... Of Another Fashion.....

Mudras are symbolic hand gesture used primary in Eastern spiritual practice. They are also very discreet ways of calling into presence the specific energy you need. These are those related to the planets, but there are many more that cover a wide range of correspondence.....

Gyan Mudra (Seal of Knowledge)



How: Touch the tip of the index (first) finger and the tip of thumb together. The other three fingers are straight.

Effect: Stimulates knowledge, wisdom, receptivity, and calmness.

Planet: Jupiter; expansion.

Shuni Mudra (Seal of Patience)

How: Touch the tip of the middle (second) finger and the tip of the thumb together. The other three fingers are straight.

Effect: Promotes patience, discernment, and commitment.

Planet: Saturn; task master, taking responsibility, and courage to hold to duty.



Surya or Ravi Mudra (Seal of Sun, Life)



How: Touch the tip of the ring (third) finger and the tip of thumb together. The other three fingers are straight.

Effect: Revitalizing energy, nerve strength, and good health.

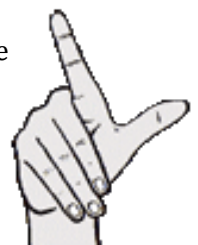
Planet: Sun; energy, health, and sexuality. Uranus; nerve strength, intuition, and change.

Chandra or Chandrakala Mudra (Seal of Moon)

How: Extend the thumb and index finger straight in outward direction. The other three fingers are straight.

Effect: Good health, emotional strength.

Planet: Moon; health and emotional support.



Buddhi Mudra (Seal of Mental Clarity)



How: Touch the tip of the little (fourth) finger and the tip of thumb together. The other three fingers are straight.

Effect: Creates capacity to clearly and intuitively communicate, stimulates psychic development.

Planet: Mercury; quickness, mental powers of communication.

Venus Lock (Seal of Love)

How: The hands are interlaced with the thumbs pressed into the opposite mounds on each side of the thumbs: For Men the right thumb is above the left; for women, the left thumb is above the right.

Effect: Channels sexual energy, promotes glandular balance, ability to concentrate easily.

Planet: The mounds at the base of the thumbs represent Venus; sensuality and sexuality. The thumb represents the ego.



The Temple Within – The Only Tool You Need!

Magick on the Go is as simple as connecting with intention and attention to all that we comprise as both physiological beings of flesh, blood, sinew and bone and, as Spiritual Beings enlivened by the subtle energies and anatomy that connects us to Spirit.

This exercise can be done in any setting. The key is finding the “quiet” and “stillness” within...

Sitting (or standing) quietly begin to breathe into each of these spaces. Energy follows awareness, so place your awareness at each physical space as you awaken the Temple of Magick.



Breathe into...

the Feet that carry the seeker across the threshold

the Knees that bend in devotion before the Divine

the Pelvic Bowl that provides the seed and egg of what is birthed in the Temple of the Divine

the Core of the Sacred Column that enlivens the scaffolding (backbone) of what will BE

the Heart that fuels the desire for manifestation through Union

the Shoulders that offer the bridge between the worlds as below, so above

the Word that is spoken as the breath of life fills the Temple animating its Halls

the Eyes that look out upon the world and see the possibilities in the synthesis of All Worlds

the Inner Sanctum that holds the space of Consciousness and opens the greater threshold to the Limitless All

The Above and the Below now made whole and with the closing of these gates

The Manifest holds the Divine Source that enables Higher Will to Action

So Mote It Be

The Temple is Readied

and

I Summon My

Magick on the Go!